



Republic of the Philippines
Department of Education
REGION VII – CENTRAL VISAYAS
Schools Division Office of Bohol

Office of the Schools Division Superintendent

MLC-2026- 40

To: All concerned

From:  FAY C. LUAREZ, EdD, PhD, TM, CESO VI 
Schools Division Superintendent

Subject: Strengthening Health Promotion, Health-Seeking Behavior, And Enabling Workplace in the Schools Division Office

Date: April 14, 2026

1. In line with the Department of Education's commitment to ensuring the health and well-being of its personnel, this Office reiterates the importance of strengthening health promotion initiatives, encouraging health-seeking behavior, and maintaining an enabling workplace environment within the Schools Division Office.
2. Health promotion activities are essential in preventing illnesses and improving the overall quality of life of employees. Likewise, fostering health-seeking behavior among personnel with sedentary nature of work characterized by prolonged sitting and limited physical activity.
3. In this regard, the School Health Section Clinic shall continue to provide accessible basic Medical, Dental, and Nursing services. All SDO personnel are highly encouraged to visit the clinic during office hours to avail these following services:
 - a. Health & Dental Consultation with necessary referrals
 - b. Blood Pressure Monitoring
 - c. Fasting Blood Sugar Monitoring (as per availability of test-kits)
 - d. Oral prophylaxis (dental cleaning)
 - e. Tooth extraction

4. For SDO Personnel who will avail of the **dental services** offered are advised for an advance appointment at the SDO clinic to ensure proper scheduling. The Dental clinic is open for service every Monday with seven (7) patients to be accommodated and each patient can only avail one (1) dental service per appointment to allow accommodation of more SDO personnel. Personnel who are not feeling well or experiencing symptoms such as cough, colds, or flu are advised to reschedule their appointment until fully recovered
5. For dissemination and strict compliance.