



Republic of the Philippines
Department of Education
Region VII-Central Visayas
SCHOOLS DIVISION OFFICE OF BOHOL

Office of the Schools Division
Superintendent



January 13, 2026

DIVISION MEMORANDUM
No. 032, s. 2026

**NAVIGATING WELLNESS: SYMPOSIUM ON CHILD AND ADOLESCENT HEALTH CUM
ORIENTATION ON PEER HEALTH NAVIGATION, HEEADSSS, LHAS AND BTI ORIENTATION**

To: Secondary School Health
Health Section Personnel
School Health Section Program Focal
Registered Guidance Councilor
All others concerned


1. The Department of Education through the Bureau of Learner Support Services (BLSS), School Health Division (SHD) implements Health and Nutrition programs for learners, teaching and non-teaching personnel.
2. The event is a symposium and an orientation on peer health navigation, is design for school health support systems from reactive health assessments to proactive, holistic wellness management for children and adolescents. Recognizing the complexity of modern youth health challenges including mental health, substance use, and safety this 1-day seminar equips educational and health personnel with essential, evidence-based frameworks such us: the **HEEADSSS** psycho-social assessment tool, the **Learners Health Assessment (LHAS)** protocol, practical **Brief Tobacco Intervention (BTI)** skills, and an orientation on establishing **Peer Health Navigation (PHN)** networks. By integrating these strategies, the seminar ensures that participants become skilled health navigators capable of identifying risks early, delivering confidential support, and fostering a resilient, supportive environment for all learners.
3. Navigating Wellness is specifically designed to bridge the gap between reactive healthcare and proactive, youth-friendly wellness management.
4. In line with that, this office announces the conduct of Navigating Wellness: Symposium On Child And Adolescent Health Cum Orientation On Peer Health Navigation, HEEADSSS, LHAS AND BTI Orientation on January 22, 2026, at SDO Conference Hall, Tagbilaran City.
5. Attached herewith is the List of Participants.
6. This memorandum will serve as a travel order. Traveling and incidental expenses incurred by the person may be charged to the division funds or MOOE as applicable subject to the usual accounting and auditing rules and regulations.
7. For the dissemination and compliance of all concerned.


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Schools Division Superintendent 



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LIST OF PARTICIPANTS FOR THE NAVIGATING WELLNESS: SYMPOSIUM ON CHILD AND ADOLESCENT HEALTH CUM ORIENTATION ON PEER HEALTH NAVIGATION

NO.	NAME			POSITION/TITLE
	Last Name	First Name	Middle Name	
1	ALMIÑE	MERRY CATHERINE	SEVILLA	NURSE II
2	ANDOY	REY ANTHONY	JALA	DENTAL AIDE
3	APALE	JOVELINO	CEBALLOS	DENTAL AIDE
4	ARANAS	HAZEL AMOR	CIMAFRANCA	NURSE II
5	ARCALES	ALBERTO NOEL	ZAFRA	NURSE II
6	AVENTURADO	MARIA LEONIDA	BORINAGA	NURSE II
7	BAROL	PAUL	MALIZA	DENTAL AIDE
8	BARRETE	MARIE JOSEPHINE	DIGAL	NURSE II
9	BATINGAL	JAGGER	REMOLADOR	DENTAL AIDE
10	BATINGAL	JOREYLENE	BOMEDIANO	NURSE II
11	BOLOTAOLO	FREDSIL	ARANETA	NURSE II
12	BONGCAYO	MA. PAMELA	MANDIG	NURSE II
13	BUNEOS	CHRISTINE MARVI	AUTOR	NURSE II
14	BUQUE	IRNIL	PAMIS	NURSE II
15	CABERTE	MARITES	CABAGNOT	DENTAL AIDE
16	CALAMBA	ADSON J	A	NURSE II
17	CHUA	GHEILA ROSETTI MARIAE	GALON	NURSE II
18	CUBELO	HAIDEE JOYCE	DUMADAG	NURSE II
19	CUTAMORA	VENICE LYRA	TOÑACAO	NURSE II
20	DANIEL	APRILLE RAE	ACEBES	DENTIST II
21	DUAVIS	MARILU	MATABILAS	NURSE II
22	DUCA	JANGIE	PENALES	NURSE II
23	EAMILAO	MA. MELODY	LAGSAC	DENTIST II
24	EBOJO	MARJORIE	ROBLES	NURSE II
25	ESPINA	JENNIFER	VALLEJO	NURSE II
26	ESTILLORE	MARTIN	BENJAMIN	DENTIST II
27	GALVISO	CLINIO	LOMOD	NURSE II
28	GAMBE	MICHELLE HOPE	EVANGELISTA	DENTIST II
29	GEMENTIZA	CORA	G	NURSE II
30	GULLE	MARIE JANE	ACHACOSO	NURSE II
31	TORREJOS	MARIA ROSARIO	JIMENEZ	NURSE II
32	LIBOT	FE	MIGRIÑO	NURSE II
33	LUMA-AD	MARIA AURORA	DELA FUENTE	MEDICAL OFFICER III



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34	MADRONA	DULCE JESUSA	PAHANG	NURSE II
35	MAGALLONES	JANINE	AUTENTICO	NURSE II
36	MANIGQUE	ANTONIONI	GALLARES	NURSE II
37	MASLOG	VINA	AKIP	DENTIST II
38	MAYUMAN	AURA KRISTEL	PARNADA	NURSE II
39	MONTUYA	ARQUELAO	PIEZAS	DENTAL AIDE
40	DAHAN	KRIS MICHELLE	ABUCEJO	DENTIST II
41	NAMOC	LEILA	CAHIG	NURSE II
42	OGAYON	NIÑA CHARISSE	AVENIDO	NURSE II
43	REALISTA	JOSEPH	C	NURSE II
44	RELAMPAGOS	THELMA	CAJES	DENTIST II
45	REÑOS	ROSEMARIE	ROBLES	NURSE II
46	RUBILLAR	SHERYL JOY	MANUTA	NURSE II
47	SALAGOSTE	ALVIN	PASA	DENTAL AIDE
48	SANIEL	REX MICHAEL	DUNGOG	NURSE II
49	SUPREMO	RALPH REY	CIRENUELA	NURSE II
50	TADLE	MERY MELODY	ROLDAN	NURSE II
51	UNABIA	ANN MARIE KRISH	SALAMANCA	NURSE II
52	VALMORIA	MA. HAZEL	C	NURSE II
53	VIGONTE	SALVE REGINA	GUIVENCAN	NURSE II
54	LANJE	SUEDEN		RGC



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