



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
Region VII, Central Visayas  
**DIVISION OF BOHOL**

**Office of the Schools**  
**Division Superintendent**

January 12, 2026

DIVISION MEMORANDUM

No. 029, s. 2025

**IMPLEMENTATION OF WEEKLY IRON FOLIC ACID (WIFA)  
SUPPLEMENTATION FOR SECONDARY FEMALE LEARNERS**

**To: Public School District Supervisors**  
**Secondary School Principals/School Heads**  
**Secondary Schools ARH Focal Person**  
**School Health and Nutrition Section Personnel**  
**All others concerned**

1. In line with DepEd Order No. 59, s 2017 (**Guidelines on the Weekly Iron Folic Acid Supplementation for Female Adolescent Learners in Public High Schools**), this is to inform on the implementation of Weekly Iron and Folic Acid Supplementation (WIFA) for Grade 7-12 and ALS FEMALE learners. This health program aims to prevent iron deficiency anemia among female adolescents thus improve the adolescent's school performance and reduce absenteeism due to ill health.
2. Receiving information and proper coordination from the Provincial Health Office for the availability of the Iron Folic Acid Supplements, this is to inform all concerns the resumption of the said program starting this January 2026.
3. School health and nutrition section personnel shall distribute the iron folic acid tablets to their respective secondary schools, monitor and provide technical assistance to ensure the successful implementation of WIFA supplementation.
4. Class advisers shall prepare the master list, collect parental consent of secondary female learners as the target beneficiaries of the program, and facilitate with the administration the WIFA tablets once a week (preferably every Monday). The school head and ARH focal person shall prepare and submit reports on the number of learners who received supplementation.
5. Due to the limited allocation, it is advised to prioritize the distribution of the iron tablets to the junior high school female learners. Additional allocation of tablets for the senior high school and ALS female learners will be followed up by the Division Program/Focal In charge.



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6. Implementation schedule will be within the following:
  - Delivery of the iron tablets to the respective schools will be on the second to third week of January 2026.
  - Administration (Every Monday 1 Tablet until March 2026)
7. Submission of WIFA reports is target to be submitted on the last Friday of the implementation week. Please see attached files for the reporting templates and parent's consents.
8. Reports shall be submitted and to be consolidated by district to the assigned school nurse and will be consolidated by division level
9. to the Division Program/Focal In charge.
10. Wide dissemination and compliance with this Memorandum is desired.

FAY C. LUAREZ EdD, PhD TM CESO VI  
Schools Division Superintendent

### School-based Weekly IronFolic Acid (WIFA) Supplementation

Region: \_\_\_\_\_ Division: \_\_\_\_\_ District: \_\_\_\_\_ Reporting Month: \_\_\_\_\_  
 School ID: \_\_\_\_\_ Name of School: \_\_\_\_\_ Address: \_\_\_\_\_ Date: \_\_\_\_\_  
 Grade Level: \_\_\_\_\_ Section/Classroom: \_\_\_\_\_ Number of Female Learners: \_\_\_\_\_ School Year: \_\_\_\_\_

No.	Name of Female Learner	Consent*		1st Round												2nd Round								Reason why WIFA is not given (Please Indicate under 28)	Remarks				
				July				August				September				January				February						March			
				W1 (Date)	W2 (Date)	W3 (Date)	W4 (Date)	W1 (Date)	W2 (Date)	W3 (Date)	W4 (Date)	W1 (Date)	W2 (Date)	W3 (Date)	W4 (Date)	W1 (Date)	W2 (Date)	W3 (Date)	W4 (Date)	W1 (Date)	W2 (Date)	W3 (Date)	W4 (Date)			W1 (Date)	W2 (Date)	W3 (Date)	W4 (Date)
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Submitted by: \_\_\_\_\_ Date: \_\_\_\_\_  
 Noted by: \_\_\_\_\_ Date: \_\_\_\_\_  
 Class Adviser \_\_\_\_\_ Date \_\_\_\_\_  
 Grade Level Chairman \_\_\_\_\_ Date \_\_\_\_\_

**\*\*Codes for reasons why WIFA is not given:**  
 1. not dewormed  
 2. on therapeutic treatment for anemia  
 3. with persistent mild reaction like gastric discomfort









