



Republic of the Philippines
Department of Education
REGION VII – CENTRAL VISAYAS
Schools Division of Bohol

Office of the Schools
Division Superintendent

October 8, 2025

MLC-2025- 109

TO : **SHERYL JOY M. RUBILLAR, RN** School Mental Health Program Focal Person

FROM:  **FAY C. LUAREZ, EdD, PhD, TM, CESO VI**
Schools Division Superintendent 


SUBJECT: Training of Facilitators on Community-Based Mental Health Program

1. Attached herewith is Regional Memorandum No. 1023, s. 2025, Training of Facilitators on Community-Based Mental Health Program, which is self-explanatory.
2. You are hereby being directed to participate in the said activity.
3. This Memorandum serves as **Travel Order**.
4. Travel and other incidental expenses shall be charged from MOOE or local funds subject to usual accounting and auditing rules and regulations.
5. For dissemination and compliance.

SDS/SGOD/SHN/madl



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 Deped Tayo Bohol Division





Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS



Office of the Regional Director

REGIONAL MEMORANDUM

No. **1023** s. 2025

08 OCT 2025

TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM

To: Schools Division Superintendents
Assistant Schools Division Superintendents
All Others Concerned

1. The Office of the Undersecretary for Governance and Operations, through the Bureau of Learner Support Services- School Health Division (BLSS-SHD), will conduct the **Training of Facilitators on Community-Based Mental Health Program** on **October 13-16, 2025**, at **Sarangani Highlands Garden Resort, inclusive of travel time.**
2. This activity aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community-based mental health. School Health personnel will be trained as a facilitators to provide adequate psychosocial support for learners and other individuals in need within their respective communities.
3. In this regard, the identified participants shall be **strictly the Mental Health Focals of the SDOs** who are required to attend the full duration of the training. In the event of a replacement, the concerned SDO shall submit a justification letter, duly approved by the Schools Division Superintendent (SDS), to the Regional Office. Participants are likewise advised to pre-register at <https://forms.office.com/r/Gxt8EWNNHN> on or before **October 08, 2025.**
4. Food and accommodation shall be provided by the Central Office. Travelling and other incidental expenses of the participant shall be charged to the **Program Support Fund (PSF)** downloaded to your SDO.
5. In case of deficiencies, the SDO is requested to augment funds, subject to the usual accounting and auditing rules and regulations.
6. Attached as Annex B is the Indicative Program for reference. For clarifications, you may contact **Ms. Mary Joy Cañete, RSW**, Technical Assistant II through email at maryjoy.canete@deped.gov.ph.
7. For information and appropriate action.


SALUSTIANO T. JIMENEZ JD, EdD, CESO III
Director IV
Regional Director

STJ/FYA/ESSD/TTP/rdv



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 DepEd Tayo Region VII

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Republic of the Philippines
Department of Education
BUREAU OF LEARNER SUPPORT SERVICES

OFFICE OF THE DIRECTOR

ADVISORY

October 7, 2025

VENUE AND DATES

1. This Office hereby announces that the conduct of **Training of Facilitators on Community-Based Mental Health Program - VisMin Cluster** will now be held at the **Sarangani Highlands Garden Resort**, from **October 14-16, 2025**.

PARTICIPANT INFORMATION

2. The program management team does not allow substitution of coaches. Only the coaches who submitted their confirmation through the registration form will be allowed to join the activity.
3. Strict attendance in all sessions is required. Certificate of Appearance and Certificate of Recognition as coach will be given at the end of the training after the accomplishment of the evaluation form.
4. For the conduct of the aforementioned activities that will fall on weekends and holidays, the Regional Office and/or Schools Division Office is requested to provide Compensatory Time-Off (CTO) to the coaches to compensate for time rendered that is supposed to be for personal use and rest.

LOGISTICS AND ACCOMMODATION

5. Standard check-in time will be at 1:00 PM on October 14, 2025. Check-out will be at 12:00 NN on October 16, 2025. Please check your flight schedule to avoid delays, cancellations, and inconvenience.
6. Breakfast, lunch, AM/PM snacks and dinner during training will be provided. The program management team will provide additional information during the event on the exact venues/time where/when the meals and snacks will be served. For any dietary restrictions, please inform the program management team.
7. Meals and accommodations are as follows:

MEALS	Day 1	Day 2	Day 3
Breakfast	✓	✓	✓
AM Snacks	✓	✓	✓
Lunch	✓	✓	✓
PM Snacks	✓	✓	
Dinner	✓	✓	

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Telephone No.: (02) 8635-3763, 8636-3602, 8637-8422 | Email Address: blss.od@deped.gov.ph

8. This is a **3-day live-in training**; all participants are expected to attend and complete the whole activity. Participants are expected to bring their clothes and other hygiene kits.
9. All participants must be in **good health condition**. Do not forget to **bring your medicines** if you are under medication/treatment. You may also ask for assistance if you are not feeling well, so that the program management team can immediately take action.
10. Participants are advised to bring their respective laptops or other writing devices for the activity. Bringing personal outlet extension is highly encouraged.

CHARGING OF EXPENSES

11. Those who will need to travel before and/or after October 14 may coordinate directly with Sarangani Highlands Garden Resort.
12. Transportation and other related expenses, including accommodation outside the training dates may be charged to the downloaded Program Support Funds for Learner Support Program (LSP-PSF) - School Mental Health Program (SMHP) of the respective Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.
13. Offices concerned are requested to augment funds should the allocation from LSP PSF prove insufficient.
14. For questions and further clarifications, please contact BLSS-School Health Division on telephone number **(02) 8632-9935** or via email at blss.shd@deped.gov.ph.


DR. MIGUEL ANGELO S. MANTARING
Director IV, Bureau of Learner Support Services

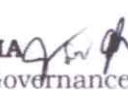



Republika ng Pilipinas
Department of Education

OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATIONS

MEMORANDUM
OM-OUOPS-2025-08-05237

FOR : **REGIONAL DIRECTORS**
REGIONS VI, VII, VIII, IX, X, XI, XI, CARAGA
BARM EDUCATION MINISTER

FROM : **MALCOLM S. GARMAN** 
Undersecretary for Governance and Operations 

SUBJECT : **TRAINING OF FACILITATORS ON COMMUNITY-BASED MENTAL HEALTH PROGRAM**

DATE : August 27, 2025

The Department of Education (DepEd) is committed to promoting and protecting the mental health and well-being of learners by fulfilling its mandates under R.A 11036 or the Mental Health Act and R.A 12080 or the Basic Education Mental Health and Wellbeing Promotion Act. Pursuant to the said mandates, the Bureau of Learner Support Services – School Health Division (BLSS-SHD) established the **School-Based Mental Health Program (SMHP)** which aims, among others, to strengthen the effective delivery of mental health services.

Thus, DepEd Region XII is set to conduct a **Training of Facilitators on Community-Based Mental Health Program**. This initiative aims to equip field personnel with the necessary competencies and skills in psychosocial intervention and community-based mental health.

This program is strategically designed to ensure proactive and effective interventions in both school and community settings, focusing on building competencies in direct support provision and establishing efficient referral pathways. School Health personnel will be trained as a facilitator in providing adequate psychosocial support for learners and individuals in need in their respective communities.

This activity will be rolled out for the **VisMin Cluster on October 15-17, 2025, in General Santos City**. Attached are the following for your reference: List of Participants (Annex A), and Indicative Program (Annex B).

In this regard, this Office requests to:

1. Identify **participant/s per SDO**, as indicated in Annex A, to attend the said training, priority are the SMHP Coordinators; and
2. Advise the identified participant/s to register through the link: <https://forms.office.com/r/Gxt8EWNNHN> on or before **September 12, 2025**.

Participants are required to attend all days of the training. Transportation expenses shall be charged to the downloaded LSP PSF for SMHP of the respective Regional Offices, subject to the usual accounting, budgeting, and auditing rules and regulations.

For questions and further clarifications, please contact BLSS-School Health Division on telephone number **(02) 8632-9935** or via email at blss.shd@deped.gov.ph.

Annex A

LIST OF PARTICIPANTS

Training of Facilitators on Community-Based Mental Health Program

VisMin Cluster

October 15-17, 2025

General Santos City

	REGION/OFFICE	NO. OF PAX	REMARKS
Participants	Region XII	18	2 per SDO; 2 from RO
	Region VI	21	1 participant per SDO, priority are the SMHP Coordinator
	Region VII	20	
	Region VIII	13	
	Region IX	8	
	Region X	14	
	Region XI	11	
	CARAGA	12	
	BARMM	11	
	Central Office	1	
Program Management Team	Central Office	4	
	Region/SDO	6	
Resource Persons	RenewHealth	3	
Coaches	Various Regions	19	
TOTAL		161	

Annex B

**COMMUNITY-BASED MENTAL HEALTH - KATATAGAN PLUS
FACILITATOR'S TRAINING
October 14-17, 2025
General Santos City**

SCHEDULE OF ACTIVITIES

Date / Time	Activity	Person Responsible
Day 0 October 14, 2025		
9:00 AM – 12:00 PM	Arrival of PMT (DepEd Central, Host Region), Coaches and RPs from RenewHealth	Program Management Team (PMT)
12:00 PM – 1:00 PM	Lunch	-
1:00 PM – 5:00 PM	Preparatory work and refresher for Coaches	RenewHealth
Day 1 October 15, 2025		
7:30 AM – 9:00 AM	Arrival of Participants Registration	Program Management Team (PMT)
9:00 AM – 9:30 AM	Opening Program <ul style="list-style-type: none"> • Preliminaries • Welcome Remarks • Introduction to the training • Presentation of Indicative Program of Activities • Leveling of Expectations 	Program Management Team (PMT)
9:30 AM – 10:30 AM	DEPED (SMHP, MHRCM, LHAS)	DepEd CO
10:30 AM – 10:45 AM	Health Break	-
10:45 AM – 11:30 PM	DEPED (SMHP, MHRCM, LHAS)	DepEd CO
11:30 AM – 12:00 PM	Mental Health Literacy and Prevalence-Belief, Knowledge and Explanations	Coaches
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 1:30 PM	Understanding Mental Health & Disorders- Anxiety, Depression and Substance Abuse	Coaches
1:30 PM – 2:00 PM	Understanding Suicide - CSSRS	Coaches
2:00 PM – 3:00 PM	Mental Health First Aid - ALGEE	Coaches
3:00 PM – 3:15 PM	Heath Break	-
3:15 PM – 4:15 PM	MHFA Simulation – Role Playing	Coaches
4:15 PM – 5:00 PM	DEPED (SMHP, MHRCM, LHAS)	DepEd CO
Day 2 October 16, 2025		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives 	Program Management Team (PMT)

	<ul style="list-style-type: none"> • Program Matrix • Session Norms 	
8:30 AM – 9:00 AM	Introduction to Katatagan Plus-Program overview Presentation of Pilot Data	RenewHealth
9:00 AM – 10:00 AM	Katatagan Plus Module 1 - Simulation	Coaches
10:00 AM – 10:15 AM	Health Break	-
10:15 AM – 11:15 AM	Simulations of Module 2	Coaches
11:15 AM – 12:00 PM	Simulations of Module 3	Coaches
12:00 PM – 1:00 PM	Lunch Break	-
1:00 PM – 2:00 PM	Simulations of Module 4	Coaches
2:00 PM – 3:00 PM	Simulations of Module 5	Coaches
3:00 PM – 3:15 PM	Health Break	-
3:15 PM – 4:15 PM	Simulations of Module 6	Coaches
4:15 PM – 5:15 PM	Simulations of Module 7	Coaches
5:15 PM – 6:15 PM	Simulations of Module 8	Coaches
Day 3		
October 17, 2025		
8:00 AM – 8:30 AM	Management of Learning <ul style="list-style-type: none"> • Leveling of Expectations • Program Objectives • Program Matrix • Session Norms 	Program Management Team (PMT)
8:30 AM – 10:00 AM	Integration of Learnings - Katatagan Plus	Program Management Team (PMT)
10:00 AM – 10:30 AM	Self-Care	-
10:30 AM – 11:30 AM	Post Test/Evaluation	Program Management Team (PMT)
11:30 AM – 12:00 PM	Action Planning	Program Management Team (PMT)
12:00 PM	Closing Lunch/Recession	-