



Republic of the Philippines  
Department of Education  
Region VII-CENTRAL VISAYAS  
**SCHOOLS DIVISION OF BOHOL**

Office of the Schools Division Superintendent

November 18, 2022

Office Memorandum

No. 061, series of 2022

**TO : DIVISION OFFICE PERSONNEL**  
**SUBJECT : ANNUAL MEDICAL EXAMINATION AS PART OF PANDEMIC MITIGATION MEASURE AND RESPONSE TO CARDIOVASCULAR DISEASE RISK LEVEL OF THE DIVISION OFFICE PERSONNEL**

1. The overall health and wellness of an individual significantly impacts the prevention of COVID-19 infection and transmission.
2. On the other hand, the results of the study, Cardiovascular Disease Risk Level of the Division Office Personnel of the Department of Education Division of Bohol, suggests that monitoring of health status restrains the risk factors. (*Clinio Galviso & Ralph Rey Supremo (2022). Cardiovascular Disease Risk Level of the Division Office Personnel of the Department of Education, Division of Bohol. Psychology and Education: A Multidisciplinary Journal, 5(1): 390-403.*)
3. Hence, this Memorandum announces the conduct of **Annual Medical Examination at SDO Bohol** on the following dates: November 22, 23, 24, 25, 28, 29, December 1, 2, 5 and 6, 2022.
4. A mobile diagnostic laboratory shall perform the following diagnostic procedures: **Complete Blood Count, Cardiac Panel, Urinalysis, Chest X-ray & ECG 12 Leads.**  
(The cardiac panel requires 8-10 hours of fasting prior)
5. The diagnostic procedures shall be **free of charge** and shall be performed within the premises of SDO Bohol between **7:00 am to 9:00 am.**
6. Only 25 personnel can be accommodated each day; thus, sign up sheets shall be posted at the Entrance Door. The schedule must be strictly followed in order to avoid disruptions in the work flow.
7. The basic health and safety standards shall be strictly observed. The right to privacy, confidentiality, informed consent and self-determination shall be respected.
8. For dissemination and strict compliance.

  
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