



Republic of the Philippines
Department of Education
Region VII-CENTRAL VISAYAS
SCHOOLS DIVISION OF BOHOL

Office of the Schools Division Superintendent

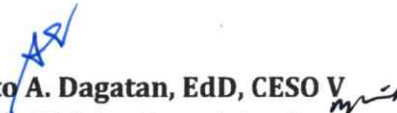
November 15, 2022

Division Memorandum
No. 0738 Series of 2022

DISSEMINATION OF THE REMINDER ON THE IMPLEMENTATION OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT ACTIVITIES FOR UPCOMING FULL IMPLEMENTATION OF IN-PERSON CLASSES

To: Assistant Schools Division Superintendent
Public Schools Division Supervisors/Acting PSDSs
Schools Heads
DRRM Coordinators
School Health and Nutrition Personnel
Youth Formation Coordinators
Guidance Counselors/Designates
All Others Concerned

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1. This office disseminates Regional Memorandum No. 0916, s. 2022, Dissemination of the Reminder on the Implementation of Mental Health and Psychosocial Support Activities for Upcoming Full Implementation of In-person Classes, which is self-explanatory.
 2. For questions and clarifications, you may contact Ms. Amina Aisa Boncales via email at drmo.gov.ph contact Mr. Ranilo L. Edar through his mobile phone no. 09171566073.
 3. For widest dissemination and appropriate action.


Bianito A. Dagatan, EdD, CESO V
Schools Division Superintendent



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Republic of the Philippines
Department of Education
 REGION VII - CENTRAL VISAYAS

SEED
 - For action
 11/7/22

Dr. Limaad

Office of the Regional Director

NOV 04 2022

REGIONAL MEMORANDUM

No. 0915, s. 2022

DISSEMINATION OF THE REMINDER ON THE IMPLEMENTATION OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT ACTIVITIES FOR UPCOMING FULL IMPLEMENTATION OF IN-PERSON CLASSES

To: Schools Division Superintendents
 Division DRRM Coordinators
 Division School Health and Nutrition Personnel
 Division Youth Formation Coordinators
 Division Guidance Counselors/Designates
 School Heads of Public Elementary and Secondary Schools
 All Others Concerned

1. Enclosed is a copy of DRRMS Memo no. 10-24-2022-0002 entitled "**Reminder on the Implementation of Mental Health and Psychosocial Support Activities for Upcoming Full Implementation of In-Person Classes**" for dissemination and appropriate action.
2. For questions and clarifications, you may contact Ms. Amina Aisa Boncales via email at drmo.gov.ph. or contact Mr. Ranilo L. Edar through his mobile phone no. 09171566073.
3. Immediate and wide dissemination of this Memorandum to all concerned is desired.

SALUSTIANO T. JIMENEZ JD, EdD, CESO V
 Director IV
 Regional Director

STJ/CAE/ESSD/TTP/rle

DOWNLOADED
 DATE: 11/7/22
 TIME: 9:42 AM
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REPUBLIC OF THE PHILIPPINES
DEPARTMENT OF EDUCATION
DISASTER RISK REDUCTION AND MANAGEMENT SERVICE

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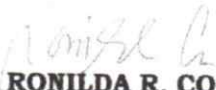
Email address: drmo@deped.gov.ph

MEMORANDUM

No: DRRMS-10-24-2022-0002

FOR : **Regional Directors**
BARMM Minister of Basic, Higher, and Technical Education
Schools Division Superintendents
Regional and Division DRRM Coordinators
Regional and Division School Health and Nutrition Personnel
Regional and Division Youth Formation Coordinators
Regional and Division Guidance Counselors/Designates
School Heads
All Others Concerned

THROUGH : **ATTY. REVSEE A. ESCOBEDO**
Undersecretary for Governance and Field Operations

FROM : 
RONILDA R. CO
Director IV, Disaster Risk Reduction and Management Service

SUBJECT : **REMINDER ON THE IMPLEMENTATION OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT ACTIVITIES FOR UPCOMING FULL IMPLEMENTATION OF IN-PERSON CLASSES**

DATE : 21 OCTOBER 2022

In line with Memorandum Nos. OUA MEMO 00-0522-0002 and DRRMS-08-20-2022-0002 titled "*Psychosocial Support References and Materials for the Progressive Expansion of Face-to-Face Learning Modality*" and "*Dissemination of the Psychosocial Support Activity Pack (All Levels): A Teacher's Guide and Psychosocial Evaluation*" respectively, and in line with the full implementation of in-person classes per DepEd Order No. 34, s. 2022, the Disaster Risk Reduction and Management Service (DRRMS) would like to **request all schools that are beginning their in-person class implementation this November 02, 2022 to conduct and facilitate Mental Health and Psychosocial Support (MHPSS) activities for learners as well as personnel** (i.e., use of the Psychosocial Support Activity Pack for learners, mobilization of trained Psychological First Aid (PFA) providers as needed, *Kumustahan* groups, among others) during the first hour of the first five days up to two weeks of classes.

To aid the schools in their preparation for the full implementation of in-person classes, teachers and other school personnel may refer to the link () for reference. Specifically, teachers or class

advisers are advised to read and refer to the Psychosocial Support Activity Pack (All Grade Levels): A Teacher's Guide, and go over the videos of the Learning Sessions on psychosocial support activity facilitation to be able to conduct the activities in the classroom, and assist learners to adjust back to in-person classes through these activities. A complete list of the materials included in the link is provided in Annex A.

On the other hand, other MHPSS materials for further reference and use can be accessed through this link:

The conduct and facilitation of psychosocial support activities are subject to the monitoring and evaluation of DRRMS. Thus, school heads and teachers are directed to comply with the reporting requirements through the Monitoring and Evaluation Guide provided in Annex B. For schools beginning their in-person classes this November 2, 2022, the deadline for reporting of the implementation of MHPSS activities and conduct of PSS in the classrooms is by January 9, 2023.

It should be noted that schools that had already begun their in-person classes last August 22, 2022 need not implement the MHPSS activities again.

For more information, please contact **Ms. Amina Aisa Boncales** via email at

Thank you.

Annex A: References and Materials for Mental Health and Psychosocial Support for the Implementation of In-person Learning Modality

All DRRMS MHPSS materials can be accessed through the link

Within this folder are the MHPSS resources for face-to-face learning modality. For quick access, these materials can be found at the link:

It is best to view the videos according to the sequence below. By viewing the videos in that order, participants will gain a holistic understanding of conducting mental health and psychosocial support activities for learners.

Reference / Material	Description	Direct Link
Learning Session on the <i>Whole-of-School Approach to Mental Health Program</i>	A discussion on the comprehensive integration of mental health programs in schools - considering all the stakeholders of the education sector and also including a discussion on caring for carers and providers. Through this discussion, participants will be able to situate the conduct of mental health & psychosocial support activities for face-to-face learning modality in the greater advocacy towards providing holistic mental health for learners.	
Recorded Livestream of the <i>Learning Session on the Conduct and Facilitation of Psychosocial Support Activities</i>	A discussion that includes a demonstration of conducting psychosocial support activities in the classrooms. It explains the rationale of PSS, and its end-to-end conduct in the classroom, as well as answers some Frequently Asked Questions from personnel.	For Kindergarten to Grade 6 Teachers: (or access it through the DepEd Official Facebook Page here:) For Grade 7 to Senior High School Teachers: (or access it through the DepEd Official Facebook Page here:)
<i>Psychosocial Support Activity Pack (All Levels): A Teacher's Guide</i>	A comprehensive teacher's guide for the end-to-end conduct and facilitation of PS	

	<p>activities. Includes rationale of PS, important reminders and notes on the conduct of PS (i.e., setting up space, materials to be used, observing 'red flags', etc.), and complete activity guides.</p>	
<p><i>Psychosocial Evaluation Guide</i></p>	<p>A comprehensive psychosocial support evaluation tool and guide for teachers facilitating psychosocial support activities in the classroom. It aims to quickly assess how learners are responding to the psychosocial support activities, and gauge their overall adjustment to the transition to face-to-face learning modality. Learners' responses in the evaluation form can inform teachers which psychosocial aspect to focus on and which activity to facilitate further to support the learners. The implementation of the Psychosocial Support Evaluation Guide must coincide with the implementation of the Psychosocial Support Activity Pack.</p>	

Annex B: Guidelines for Monitoring and Evaluation of Psychosocial Support Activities for the In-Person Classes

The Psychosocial Evaluation Guide will quickly assess how learners respond to the activities and gauge their overall adjustment to the transition to In-Person Classes through specific items aligned with the *Psychosocial Support Activity Pack*. It can inform teachers which psychosocial skills to focus on and consistently conduct classroom activities. More information regarding the Psychosocial Evaluation is enclosed in this memo.

- a. To be administered by teachers or class advisers who were trained and/or oriented on conducting and facilitating psychosocial support activities for learners.
- b. To be completed by learners participating in in-person classes.
- c. To be administered and completed before the facilitation of the first psychosocial support activity and after the facilitation of the last psychosocial support activity (pre- and post-evaluation design).
- d. To be collected by teachers and then collated through this response template:
The collated responses shall be submitted to the School Heads
- e. To be submitted by and through School Heads to DRRMS through this reporting link: