



Republic of the Philippines
Department of Education
Region VII-CENTRAL VISAYAS
SCHOOLS DIVISION OF BOHOL

Office of the Schools Division Superintendent


November 15, 2022

Division Memorandum
No. 0737 series of 2022

DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND, FOOT AND MOUTH DISEASE

To: Assistant Schools Division Superintendent
Public Schools Division Supervisors/Acting PSDSs
School Health and Nutrition Personnel
All Teaching Personnel
All Others Concerned

-
1. This office disseminates Regional Memorandum No. 0925, s. 2022 entitled, Dissemination of DOH's Public Advisory on Hand, Foot and Mouth Disease, which is self-explanatory.
 2. All teachers and school health and nutrition personnel are encouraged to educate the learners to practice preventive habits such as frequent hand-washing and to observe health and safety measures such as wearing of face mask and covering of one's mouth when sneezing or coughing to avoid the transmission of infection.
 3. For widest dissemination and appropriate action.


Bianito A. Dagatan, EdD, CESO V
Schools Division Superintendent



0050 Lino Chatto Drive, Barangay, Cogon, Tagbilaran City, Bohol
Tel Nos.: (038) 412-4938; (038) 411-2544; (038) 501-7550
Telefax: (038) 501-7550
Email add: deped.bohol@deped.gov.ph





Republic of the Philippines
Department of Education
 REGION VII - CENTRAL VISAYAS

SLED
 - Take charge
 AS 11/7/22

Dr. Lumaad

NOV 04 2022

Office of the Regional Director

REGIONAL MEMORANDUM
 No. 0925, s. 2022

DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND, FOOT, AND MOUTH DISEASE

To: Schools Division Superintendents
 Assistant Schools Division Superintendents
 School Health and Nutrition Personnel
 All Others Concerned

1. This Office disseminates the attached Memorandum OUGFO No. 2022-03-1690 entitled, "Dissemination of DOH's Public Advisory on Hand, Foot, and Mouth Disease" for information and guidance of all concerned.
2. All teachers and school health personnel are encouraged to educate the learners to practice preventive habits such as frequent hand-washing and to observe health and safety measures such as wearing of face mask and covering of one's mouth when sneezing or coughing to avoid the transmission of infection.
3. Immediate dissemination and support of this Memorandum is desired.

SALUSTIANO T. JIMENEZ JD, EdD, CESO V
 Director IV
 Regional Director



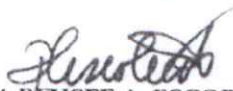
DOWNLOADED
 DATE 11/7/22
 TIME 9:46 AM
 SIGNATURE JM



Republic of the Philippines
Department of Education
OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03-1690
MEMORANDUM
19 October 2022

FOR : Regional Directors and BARMM Minister of Education
Schools Division Superintendents
School Health Personnel
Public and Private Elementary and Secondary School Heads and
Teachers
All Others Concerned

FROM : 
ATTY. REVSEE A. ESCOBEDO *VCY+*
Undersecretary for Governance and Field Operations

SUBJECT : DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND,
FOOT, AND MOUTH DISEASE

This Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against the highly infectious Hand, Foot, and Mouth Disease (HFMD) common in young children.

This is to ensure the safety of the learners amidst of an outbreak of the disease in several towns in Batangas province, particularly in the areas of San Pascual and Cuenca, where over 100 children have been reported to have caught the viral infection, prompting the suspension of face-to-face classes in all public and private schools from elementary to high school.

In this regard, teachers and school health personnel are encouraged to educate the learners to practice preventive habits such as frequent hand-washing and to observe health and safety measures such as wearing of face mask and covering one's mouth when sneezing or coughing to avoid the transmission of infection.

For more information on this subject, please contact Dr. Maria Corazon C. Dumlao, Chief Program Officer, BLSS-SHD, through (02) 8632-9935 or email at blss.shd@deped.gov.ph.

For immediate dissemination.



Hand, Foot, and Mouth Disease

Hand, foot, and mouth disease (HFMD) is a common viral illness of infants and children.

It should not be confused with foot-and-mouth (also called hoof-and-mouth) disease of cattle, sheep, and swine. Infected individuals are most contagious during the first week of their illness. HFMD cannot be contracted from pets or animals. Incubation period is 2-14 days



Cause

A virus of the family Picornaviridae, genus *Aphthovirus*

Mode of Transmission

Spreads by contact with nose and throat discharges, saliva of infected persons, or after touching contaminated objects

Signs and Symptoms

- Fever
- Sore throat
- Feeling of being unwell (malaise)
- Painful, red, blister-like lesions on the tongue, gums, and inside of the cheeks
- Red rash, without itching but sometimes with blistering, on the palms, soles, and sometimes the buttocks
- Irritability in infants and toddlers
- Loss of appetite

Treatment

- Treatment is directly toward relief of symptoms (fever and sore throat).
- There is no specific treatment. Signs and symptoms usually clear up in 7-10 days.
- A topical oral anesthetic may help relieve the pain of mouth sores.
- Over-the-counter pain medications other than aspirin, such as acetaminophen or ibuprofen, may help relieve general discomfort.

Prevention and Control

- There is no specific way to prevent the infection. Good hygiene (e.g., proper handwashing) can decrease the risk of spreading the disease.
- Disinfect premises and all infected materials (implements, cards, clothes, etc.).

References

- DCH Philippines. (2005). Health Advisory on Foot and Mouth Disease.
- Mersch, John. (2011). Hand Foot and Mouth (HFMD) Disease. Retrieved from http://www.medicinenet.com/hand-foot-and-mouth_syndrome/article.htm

Image from <http://www.empowher.com/media/reference/hand-foot-and-mouth-disease>