



Republic of the Philippines  
Department of Education  
Region VII – CENTRAL VISAYAS  
SCHOOLS DIVISION OF BOHOL

Office of the Schools Division  
Superintendent

November 26, 2021

Office Memorandum  
No. 44 series of 2021

For: Assistant Schools Division Superintendents  
Chiefs of SGOD and CID  
Heads of Functional Sections  
School Health and Nutrition Personnel  
SDO personnel  
All others concerned

Subject: **LAUNCHING OF THE DEPED BOHOL NON-COMMUNICABLE DISEASES PROGRAM**

- I. A study entitled *“Cardiovascular Disease Risk Level of the Division Office Personnel of the Department of Education, Division of Bohol”* was conducted during the fourth quarter of 2019.
- II. The said research involved the participation of 101 personnel of the schools division office and assessed their risk for the development of a fatal or near-fatal cardiovascular event within the next ten years using the PhilPEN (Philippine Package of Essential Non-communicable diseases) Protocol. Among the most notable findings of the study were the following:
  - a. High prevalence of Obesity among the SDO personnel;
  - b. The Prominence of sedentary lifestyles;
  - c. Family History of Hypertension and Diabetes
- III. The utilization of findings and recommendations of the aforesaid research are the following:
  - a. Provision of free laboratory package to SDO personnel for the annual medical examination (done last July to August 2021);
  - b. Establishment of a Workplace Wellness Program;
  - c. Creation of hypertensives and diabetics health clubs;
  - d. Procurement of exercise equipment and program related medicines and supplies



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- IV. In this regard, the Schools Division of Bohol undertakes the ceremonial launching of the **Non-Communicable Diseases Program** at the Schools Division Office on **November 29, 2021**.
- V. The launching shall highlight the awareness on non-communicable diseases through a short program following the flag-raising ceremony and the provision of basic services to SDO personnel and participants throughout the launching day.

<b>PRIMARY CORE GROUP</b>	
Oplan Kalusugan sa DepEd Focal Person	Dr. Maria Aurora D. Luma-ad MA
Researcher and Program Proponent	Clinio L. Galviso RN, MAN
Non-Communicable Disease Program Focal Person	Jangie P. Duca RN

- VI. All Division Health and Nutrition Personnel are encouraged to participate in the activity.
- VII. This memorandum serves as a travel order, and travel expenses incurred are chargeable to the travel claims.
- VIII. For information, dissemination, and support.

  
**BIANITO A. DAGATAN EdD, CESO V**  
 Schools Division Superintendent 

